The College Success Seminars provide a forum to allow students the opportunity to develop new or refine current skills that they may find useful in their academic and professional careers. All seminars are free; they do not require advance registration.

**SEMINAR TOPICS:**
- 30 – It Really Matters
- Approaches to Problem Solving
- College Vocabulary Development
- Communication Differences: Professors and Classmates
- Coping with Test Anxiety
- Enhancing Reading Comprehension
- Financial Cents: Breaking Budget
- Finishing Strong: Preparing for Finals
- First works: Making the Most of Your First Grades
- Increasing Your Reading Rate
- Mid-Semester Check-In
- Note-Taking Strategies
- Preparing for a Successful Semester
- Reconciling Your Learning Style with Prof’s Teaching Style
- Research Reading and Development
- Study Strategies for Success
- Textbook Reading Methods
- Test-Taking Strategies
- Time Management Techniques

**College Success Seminars are held in 1353 Ellsworth Hall (the Learning Studio).**

**30 – It Really Matters**
Learn what goes into studying and why it takes two hours a week for every hour that you’re in class. Discover how you can fit 30 hours into your week to study.

Student Learning Outcomes:
- Students will list why they need to spend 30 hours a week studying.
- Students will articulate what goes into studying effectively.
- Students will modify their schedule to include 30 hours studying per week.

- Friday, Jan. 11, 2 p.m.
- Friday, Jan. 11, 3 p.m.
- Monday, Jan. 14, 3 p.m.
- Monday, Jan. 28, 3 p.m.
- Monday, Jan. 28, 4 p.m.
- Friday, Mar. 15, 10 a.m.
APPROACHES TO PROBLEM SOLVING
Learn the techniques to use in solving problems and making decisions.

Student Learning Outcomes:

- Students will summarize two different approaches in problem solving.

  ➢ Thursday, Jan. 31, 10 a.m.     ➢ Monday, Feb. 4, 2 p.m.     ➢ Monday, Mar. 11, 11 a.m.

COLLEGE VOCABULARY DEVELOPMENT
Learn context clues to determine the meaning of words as well as understanding prefixes, suffixes, and roots.

Student Learning Outcomes:

- Students will articulate methods for determining word meaning.
- Students will compare connotation to denotation effectively.
- Students will use methods to determine meanings of unfamiliar words.

  ➢ Monday, Feb. 4, 4 p.m.     ➢ Friday, Mar. 29, 3 p.m.
  ➢ Friday, Mar. 22, 3 p.m.     ➢ Thursday, Apr. 4, 10 a.m.

COMMUNICATION DIFFERENCES: PROFESSORS AND CLASSMATES
Discover some strategies to help you deal with the anxieties that interfere with your ability to do well on a test.

Student Learning Outcomes:

- Students will demonstrate awareness of how to verbally approach their professors.
- Students will identify methods of conflict management.

  ➢ Friday, Feb. 1, 10 a.m.     ➢ Thursday, Mar. 15, 2 p.m.     ➢ Thursday, Apr. 4, 11 a.m.
  ➢ Thursday, Feb. 21, 11 a.m.

COPING WITH TEST ANXIETY
Learn strategies to navigating the classroom climate including communicating with professors and understanding the dynamics of group work.

Student Learning Outcomes:

- Students will estimate their level of test anxiety.
- Students will commit to two strategies for coping with test anxiety.

  ➢ Monday, Feb. 11, 2 p.m.     ➢ Thursday, Mar. 28, 11 a.m.     ➢ Thursday, Apr. 18, 11 a.m.
  ➢ Monday, Feb. 11, 3 p.m.     ➢ Monday, Apr. 8, 4 p.m.     ➢ Friday, Apr. 19, 2 p.m.
  ➢ Monday, Feb. 18, 4 p.m.     ➢ Thursday, Apr. 11, 10 a.m.
  ➢ Thursday, Feb. 21, 10 a.m.     ➢ Monday, Apr. 15, 4 p.m.
ENHANCING READING COMPREHENSION
Learn techniques for truly understanding what you're reading the first time.

Student Learning Outcomes:
- Students will identify topic and main idea in readings.
- Students will critique author's arguments and rationale.
- Students will recognize illogical fallacies.

- Friday, Jan. 25, 10 a.m.  
- Friday, Feb. 22, 2 p.m.  
- Monday, Feb. 25, 3 p.m.  
- Monday, Mar. 11, 3 p.m.  
- Thursday, Mar. 21, 11 a.m.

FINANCIAL CENTS: BREAKING BUDGET
Discover some strategies to help manage your college finances as you face the challenges of loans, debt, and bills.

Student Learning Outcomes:
- Students will develop their own balanced budget.
- Students will describe financial resources.

- Thursday, Jan. 24, 11 a.m.  
- Friday, Feb. 15, 3 p.m.  
- Thursday, Mar. 14, 11 a.m.  
- Monday, Mar. 25, 4 p.m.  
- Friday, Apr. 5, 10 a.m.

FINISHING STRONG: PREPARING FOR FINALS
Learn strategies to help break down your work, understand your goals, and be realistic during final exam week.

Student Learning Outcomes:
- Students will determine their final exam schedule.
- Students will plan the remainder of their semester.

- Monday, Apr. 8, 2 p.m.  
- Monday, Apr. 8, 3 p.m.  
- Monday, Apr. 15, 2 p.m.  
- Monday, Apr. 15, 3 p.m.

FIRST WORKS: MAKING THE MOST OF YOUR FIRST GRADES
Looking at your first works grades can give you insight into things to continue to do or to change. Find out how!

Student Learning Outcomes:
- Students will explain the impact of first work grades.
- Students will determine strategies to improve or maintain their grades.

- Friday, Feb. 1, 2 p.m.  
- Friday, Feb. 8, 10 a.m.  
- Thursday, Feb. 28, 11 a.m.
**Increasing Your Reading Rate**

Acquire ways of reading faster while still comprehending what you read.

**Student Learning Outcomes:**

- Students will compare when to use skimming versus scanning.
- Students will know their reading rate and how it changes with different types of reading.

- **Friday, Feb. 15, 10 a.m.**
- **Friday, Feb. 22, 3 p.m.**
- **Monday, Mar. 18, 4 p.m.**
- **Friday, Mar. 29, 10 a.m.**
- **Monday, Apr. 1, 4 p.m.**

**Mid-Semester Check-In**

Take inventory of strategies that have worked for you and learn some new success techniques.

**Student Learning Outcomes:**

- Students will determine their grades to date.
- Students will critique strategies for improving or maintaining their grades.

- **Monday, Feb. 25, 2 p.m.**
- **Monday, Mar. 11, 4 p.m.**

**Note-Taking Strategies**

Look at why you should take notes, how your faculty member gives you clue of what to include in your notes, and different techniques for taking notes.

**Student Learning Outcomes:**

- Students will determine ways to know what to put in your notes.
- Students will critique strategies for note taking.

- **Friday, Jan. 25, 2 p.m.**
- **Thursday, Feb. 7, 11 a.m.**
- **Monday, Feb. 25, 4 p.m.**
- **Friday, Mar. 22, 2 p.m.**
- **Monday, Mar. 25, 2 p.m.**
- **Thursday, Mar. 28, 10 a.m.**

**Preparing for a Successful Semester**

Grab your syllabi, and start brainstorming some goals. This seminar will give you the tools to start this term on the right foot.

**Student Learning Outcomes:**

- Students will compile all assignments into one calendar for the term using their syllabi.
- Students will develop a mindset for success.

- **Monday, Jan. 7, 2 p.m.**
- **Monday, Jan. 7, 3 p.m.**
- **Monday, Jan. 10, 10 a.m.**
- **Monday, Jan. 14, 4 p.m.**
- **Monday, Jan. 14, 2 p.m.**
- **Thursday, Jan. 17, 11 a.m.**
Reconciling Your Preferred Learning Style with Your Prof’s Teaching Style
Discover how to match your preferred learning style with your professor’s style of teaching.

Student Learning Outcomes:

- Students will describe their own preferred learning style.
- Students will adapt at least two strategies to complement professors’ teaching styles.

- Thursday, Feb. 7, 10 a.m.  
- Thursday, Feb. 14, 11 a.m.
- Monday, Apr. 1, 2 p.m.
- Friday, Apr. 5, 3 p.m.

Research Reading and Development
Examine what makes a journal appropriate to use in your literature reviews and how to effectively read those articles.

Student Learning Outcomes:

- Students will differentiate scholarly works from general publication.
- Students will evaluate credibility of publications.

- Friday, Feb. 1, 3 p.m.
- Friday, Feb. 8, 2 p.m.
- Friday, Feb. 15, 2 p.m.
- Thursday, Mar. 14, 10 a.m.

Study Strategies for Success
Discover the strategies used by successful students as they approach studying and their classes.

Student Learning Outcomes:

- Students will determine two habits they will implement.

- Monday, Jan. 7, 4 p.m.
- Thursday, Jan. 10, 11 a.m.
- Friday, Jan 11, 10 a.m.
- Monday, Mar. 18, 3 p.m.

Textbook Reading Methods
Explore an approach that helps you understand the material the first time you read it, thus saving you time.

Student Learning Outcomes:

- Students will effectively use the PSQ6R strategy.
- Students will evaluate the effectiveness of PSQ6R.

- Friday, Jan. 18, 3 p.m.
- Monday, Jan. 28, 2 p.m.
- Thursday, Feb. 28, 10 a.m.
- Thursday, Mar. 21, 10 a.m.
- Friday, Mar 25, 3 p.m.
- Friday, Apr. 5, 2 p.m.
**Test-Taking Strategies**
Experience techniques for approaching different types of tests and generalized strategies for test taking.

**Student Learning Outcomes:**
- Students will effectively conduct a test post mortem.
- Students will identify two strategies per test type to implement.

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**Time Management Techniques**
Learn ways to take control of your day, look at how you waste time, and identify some strategies to use in helping your activities align with your goals.

**Student Learning Outcomes:**
- Students will identify their own time wasters.
- Students will develop a plan for their semester.

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**Academic Coaching:**
Academic coaching meetings are available to currently-enrolled WMU students. Personal meetings include assessing current strategies to create a collaborative plan to improve study skills and habits for the academic semester or a specific course. To schedule an appointment, email: jeanette.c.perales@wmich.edu.

1235 Ellsworth Hall  (269) 387-4442  www.wmich.edu/tutoring