

## Meditation and Mindfulness

**Friday, January 12, 16, noon-12:45pm**

Online, Asian Art Museum, [Registration required](#)

Meditation helps us build a relationship to a place of inner quietude. Whether you're a beginner or a skilled practitioner, join us for free online meditation sessions each week led by DC-based meditation teachers on Tuesdays and Fridays. Friday sessions include inspiration from art in the museum collections as well as appearances by special guest teachers and artists.



**Chinese Language and Culture Programming**

### 春 2024 Spring Chinese Language and Culture Classes

Language 12 weeks From 1:0

Online

- Basic Chinese I Tue. & Thu. 09:30 - 06:50 p.m. (ET)
- Basic Chinese II Tue. & Thu. 09:50 - 06:50 p.m. (ET)
- Basic Chinese III Tue. & Thu. 06:40 - 07:40 p.m. (ET)
- Intermediate Chinese I Mon. & Wed. 06:30 - 06:50 p.m. (ET)
- Intermediate Chinese II Mon. & Wed. 06:40 - 06:50 p.m. (ET)

In-Person

- Basic Chinese I Wed. 06:50 - 07:00 p.m. Sangren 1720

Culture In-Person 6 weeks From 2:1

- Contemporary China Thu. 11:00 a.m. - Noon C165 1007
- Impressions of LU!

3100 ET/12 weeks \$80 fee (participants) + \$20 fee (ET/12 weeks) for ET/12 weeks  
C1:1 Classroom

Registration deadline: 10/20/24 [www.wmich.edu/academic/registration](http://www.wmich.edu/academic/registration)

**WESTERN MICHIGAN UNIVERSITY**

Scan to Register

## 2024 Spring Chinese Language and Culture Classes

**Start from Monday, January 8**

Online & In-person, Community Classes  
Asian Initiatives at WMU

Mandarin Chinese is the longest-living written and spoken language in the history of the world. Used by 1.4 billion people, it is also the most widely spoken language. In

today's world of increased global interconnectivity.

Mandarin is quickly becoming a major language for business and educational development. Chinese language classes offered by the Chinese Language and Culture Programming at WMU provide the Greater Kalamazoo community with an opportunity to study the language in a fun, casual environment to adult learners for all ages (adults 18 years of age or older).

## 2024 Spring Tai Chi Classes

**Start from Monday, January 8**

In-person Community Classes  
Asian Initiatives at WMU

Tai Chi is one of the Chinese Traditional martial arts, which was designed as a unique self-defense technique later evolved into a self-efficacy health exercise.

Characterized as flowing, graceful and being well balanced, Tai Chi's movements strengthen the body as well as the mind from within, promote a complete body-mind harmony. Through practicing Tai Chi, the balance of Yin and Yang, the essentials of the nature and relaxation, will be embedded into the practitioner. Unrestrained by age, gender, and health status, Tai Chi can serve as an ideal physical exercise to many. Tai Chi classes are open to WMU faculty, staff, students and the community (18 and above).

**2024 Spring Tai Chi Classes**

12 Weeks From January 8th

**Cheng Tao**

- Tai Chi practitioner of 20 years
- Well received instructor in U.S.
- Experienced in teaching different age groups

**Tai Chi Basic**

East Campus: Wed. 10am-1pm  
OLL: Mon. 2:30-3:30pm

- Introduce essential Tai Chi principles
- Practice 50 essential Tai Chi movements

**Tai Chi Sword**

East Campus: Thu. 4pm-5:15pm

- Practice Chen Style Tai Chi Sword

**Tai Chi Intermediate**

East Campus: Tue. 6:30pm-8:00pm

- Introduce and teach Chang Men Gong 27 Form, originated from Yang Cheng Fuxue.

**Tai Chi Fan**

East Campus: Mon. 4pm-5pm

- Practice Chen Style 24 Form Tai Chi Fan

Scan to Learn More and Register

Registration deadline: 1/3/2024  
<https://wmich.edu/asia/courses/community>

**WESTERN MICHIGAN UNIVERSITY**



## 2024 Spring Chinese Art Classes

**Start from Tuesday, January 9**

In-person Community Classes

Asian Initiatives at WMU

Chinese Painting and Chinese Calligraphy was regarded as one of the fundamental skills of scholars in ancient China and East Asia for thousands of years, it is also a creative way of free expression and relaxation. These course guide students into meditation over painting paper, exploring the relationship between art, behavior, thoughts, aesthetic pursuing, and finding the connection and relationship between human beings, nature, and the universe. These courses are best for but not limited to those who have gained some fundamental training on painting.

## Anime in the Afternoon

**Wednesday, January 17, 24, 31, 3-5pm**

In-person Event, Kalamazoo Public Library

Anime in the Afternoon is continuing its weekly schedule! Come hang out with other manga, and comic book fans to chat about what we're reading, watch some anime, eat some snacks, and enjoy a craft or activity.



## 2024 Spring Chinese Tea Ceremony Class

**Start from Thursday, January 18**

In-person Community Classes

Asian Initiatives at WMU

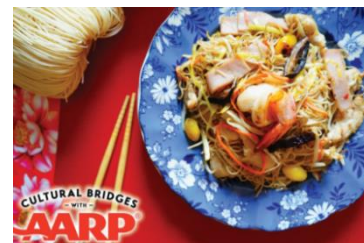
Tea has been playing a historical and significant role in Chinese culture as a traditional beverage, a carrier of Chinese Tea Culture. The spirit of the tea ceremony is the core of the tea culture. The connotation of the spirit of tea ceremony is harmony, peace, happiness, and truthfulness, of which happiness is the most crucial point. In addition to being a popular beverage, it is used as an integral ingredient in traditional Chinese medicine as well as in Chinese cuisine.

## Cultural Bridges with AARP: History of Lunar New Year

**Wednesday, January 24, 6-7pm**

Online Lecture, Asia Society

Learn about the history of Lunar New Year and how to make noodles!





**TIMOTHY LIGHT CENTER FOR CHINESE STUDIES**

Please join us for this talk co-sponsored by  
 Haenlecke Institute for Global Education

Free registration  
<https://www.wmich.edu/tlc/academic-registration>



For more information contact  
 (269) 337-3951  
[hgc-lightcenter@wmich.edu](mailto:hgc-lightcenter@wmich.edu)  
<https://www.wmich.edu/academic-studies/centers>



**Three Perfections of Chinese Art  
 Exploring Chinese Calligraphy, Painting and Poetry**

Guest Lecture by  
**Dr. Huajing Maske**  
 Wayne State University

3:30 - 5 p.m. EST, Thursday, February 1, 2024  
 1720 Sangren Hall



Dr. Huajing Maske currently serves as the Assistant Vice President for International Partnerships at Wayne State University, also holding the position of Clinical Professor of Global Studies. Dr. Maske earned her Ph.D. in Chinese Art History from the University of Oxford, a Master's degree in Cross-Cultural Communication from Peking University, and a Bachelor's degree from University of International Relations. Dr. Maske has previously taught courses on Chinese art and global cultural awareness, and provided training in teaching methodologies and intercultural communication for Chinese teachers and international students. Her research focuses on art education and the establishment of Chinese art institutions in the early 20th century. Dr. Maske's academic interests also extend to the influence and role of Chinese art and culture in teaching Chinese as a foreign language and in P-20 education in the United States.

**Abstract:** Dive into the captivating realm of Chinese art with "Three Perfections of Chinese Art: Exploring Chinese Calligraphy, Painting, and Poetry." Uncover the mystery behind writings on Chinese paintings as we delve into the origins of Chinese writing. Discover the intricate relationship between Chinese painting and calligraphy, exploring the themes and narratives within. The presentation will attend the evolution of Chinese calligraphy styles, providing insights on appreciating both Chinese calligraphy and painting. Join us on a visual and intellectual journey to understand the profound connections within this artistry.

## [Three Perfections of Chinese Art: Exploring Chinese Calligraphy, Painting and Poetry](#)

**Thursday, February 1, 3:30-5pm**

Timothy Light Center for Chinese Studies Lecture Series  
 1720 Sangren Hall at WMU Main Campus

The theme of 2024 TLC spring lecture series is "Chinese Arts." Dr. Huajing Maske, Assistant Vice President for International Partnerships and Clinical Professor of Global Studies at Wayne State University will unravel the evolution of Chinese calligraphy styles, providing insights on appreciating both Chinese calligraphy and painting.

## [Lunar New Year Celebration](#)

**Tuesday, February 6, 6-7:30pm**

In-person Event, Kalamazoo Public Library



Join us in celebrating Lunar New Year, the Year of the Dragon. Learn about Chinese culture with the staff of Kalamazoo Public Library and Asian Initiatives of WMU. Enjoy an evening of Chinese food, storytelling, lion dance, Chinese kung fu, and crafts.

## [Lunar New Year Celebration](#)

**Wednesday, February 7, 6:30-7:30pm**

In-person Event, Portage District Library



The Lunar New Year is a symbolic cultural event celebrated by millions of people across the world, especially by some countries in Asia. Please join us to celebrate the 2024 Lunar New Year, the year of the Dragon on Wednesday, Feb. 7, at Portage District Library! With lion dance, storytelling, lantern craft, New Year banner calligraphy try-out, and paper cutting and coloring, the evening will be a happy blast of cultural experience. Please register the total number of people, adults and youth, in your group.

## [2024 CAGK Lunar New Year Gala](#)

**Saturday, Feb 10, 6-8pm**

Chinese Association of Greater Kalamazoo  
Stage Performance, Chenery Auditorium

The 2024 Lunar New Year Gala is coming! CAGK's annual lunar New Year gala will feature with performances from local community.

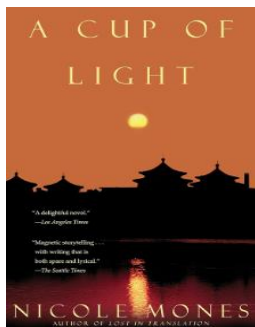


## [Chinese Ink Painting](#)

**Tuesday, February 20, 4:30-5:30pm**

In-person Workshop, Portage District library  
*Registration opens on Monday, February 5, 2024 at 9am*

Join us for an evening workshop in the Makerspace to learn about Chinese painting courtesy of the WMU's Asian Initiatives of Haenicke Institute. This class is limited and registration is required.



## [Cup of Light](#)

**Wednesday, February 21, 2-3pm**

In-person Book Discussion, Kalamazoo Institute of Art

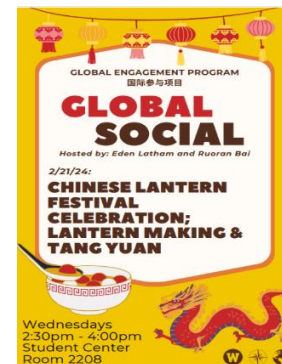
American appraiser Lia Frank must trust her instincts and memory when it comes to her latest task of authenticating a vast array of Chinese porcelain pieces in Beijing, China. Weary of herself and others, Lia may be unsure of herself but her eye for rare beauty and special touch when it comes to sussing out forgeries will become her biggest asset, both professionally and personally. Lia begins an affair with American research physician Michael that could change the course of her future. As the plot unfolds, the reader is introduced to the underworld of Chinese art smuggling and the history of Chinese porcelain.

## [Lantern Festival Celebration](#)

**Wednesday, February 21, 2:30-4pm**

Asian Initiatives, and Global Engagement Program  
In-person Event, Student Center at WMU

The Lantern Festival, also called Yuanxiao Festival, is a Chinese traditional festival celebrated on the fifteenth day of the first month on the lunar calendar. Aiming to promote reconciliation, peace, and forgiveness, Lantern Festival marks the first full moon of the new lunar year and the end of the Lunar New Year celebration.







## [Lantern Festival Celebration](#)

**Sunday, February 25, 2024, 2-4 pm**

Kalamazoo Chinese Academy

In-person Event, Portage Zhang Senior Center

Come celebrate Lantern Festival with us! This fun event features performances, specialty foods for purchase, games, and activities for the whole family! More information

coming soon. RSVP on our Facebook Event page!

## [Anyang: China's Ancient City of Kings](#)

**Now -- April 28, 2024**

Virtual Tour, National Museum of Asian Art

This special exhibition featuring artworks excavated from the capital of the ancient Shang Dynasty (ca. 1250 BCE–ca. 1050 BCE), including jades and bronze vessels. Learn about the advanced technology of bronze casting, explore intricate and sophisticated designs of ritual objects, and discover famous “oracle bones.”



## [Kyungmi Shin: A Story to Finding Us](#)

**January 20 - May 12, 2024**

Exhibition, Kalamazoo Institute of Arts

The artist uses her works to assert the importance of recounting and celebrating stories that represent the perseverance of the Asian Diaspora. *Kyungmi Shin: A Story to Finding Us* recognizes the difficulties that emerge as a result of searching for one's personal and cultural histories. Yet, it also reveals that such an enterprise is, ultimately, a journey of self-exploration, transformation, and resilience.

