ABOUT THE PROGRAM

Students graduate the masters of science in exercise science program equipped with advanced understanding of the physiological and functional adaptations to movement. Courses combine the practical application of exercise science with current research findings, and students have the opportunity to engage in a variety of elective courses offered within many departments across the University.

Professors were immensely helpful in teaching me to put into practice what I learned in the classroom.

Steve Ball, Alumnus

Students may individualize their program of study by choosing from a variety of elective courses offered within many departments across the University.

Students learn through hands-on experience while utilizing top of the line equipment in state of the art lab spaces.
EXERCISE SCIENCE
Master of Science

wmich.edu/humanperformance/academics

ADMISSION REQUIREMENTS

- Resume or curriculum vitae (CV)
- Three recommendations
- Written Statement
- Transcript from the institution from which you received your bachelor degree

APPLICATION DEADLINE

Admission is on a rolling basis, your application will be acted upon once completed and if accepted you will be admitted to the next term.

CAREER POSSIBILITIES

- Cardiac rehabilitation
- Corporate wellness
- Health and fitness promotion
- Strength and conditioning

Graduates also pursue doctoral degrees in exercise physiology and biomechanics or other professional programs such as physical therapy and medicine.

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Additional Program Faculty
Dr. Nicholas Hanson, Dr. Sangwoo Lee,
Dr. Yuanlong Liu, Dr. Michael Miller and Dr. Carol Weideman

100% of WMU exercise science graduate students were employed or continuing education within three months of graduation.