



Plants are Powerful

Let's Head to the FARM-acy!

Friday, July 12

12:15 – 1p.m.

The Gibbs House

Facilitated by Gretchen Kauth
Registered Dietitian

Register on
ExperienceWMU



Plants are Powerful

Contact

Gretchen Kauth
gretchen.kauth@wmich.edu

For WMU Employees

This workshop will discuss the health benefits of plants, and how choosing plants over animals is good for the environment. You'll also get a chance to harvest and sample fresh produce from the Gibbs House!

Register by
Wednesday, July 10 (Limit 15 participants)



WESTERN MICHIGAN UNIVERSITY
Health Promotion and Education

**Western
Wellness**
Empowering Employees