Exercise Science career path:

- The program is designed to prepare students for careers in Personal Training, Health and Fitness Promotion, Corporate Wellness, Cardiac Rehabilitation, and Strength and Conditioning. The program is also appropriate for students who are interested in pursuing advanced or professional careers in Physical or Occupational Therapy, Medicine or Chiropractic, and Exercise Physiology or Biomechanics.
- Students can view majors and minors that are offered in the Human Performance and Health Education department of WMU, view career information, and other important information at the exercise science website, linked in the WMU website’s “Academics” (undergraduate) directory pages.

Exercise Science biology prerequisites:

- After transfer to WMU, timely progression in the exercise science program is dependent on the successful completion of anatomy and human physiology coursework;
- The second course in the major requires anatomy as a prerequisite, and the third course in the major requires anatomy and human physiology as prerequisites;
- With the requirement of the Principles (BIOS 1120/1100 or 1610) course, there are at least 3 biology courses that you can take at DuPage for transfer to WMU (see below).

Program requirements:

- The following courses may be taken at the College of DuPage. Some of these courses will also meet WMU general education courses, where noted:

<table>
<thead>
<tr>
<th>WMU courses</th>
<th>COD courses</th>
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<tbody>
<tr>
<td>BIOS 1120/1100 or 1610</td>
<td>BIOLO 1100</td>
</tr>
<tr>
<td>BIOS 2110</td>
<td>ANAT 1500 or 1551 or 1571</td>
</tr>
<tr>
<td>BIOS 2400</td>
<td>ANAT 1552 or 1572</td>
</tr>
<tr>
<td>CHEM 1100/1110 or CHEM 1000</td>
<td>CHEMI 1551 or 1105 (meets Area VI)</td>
</tr>
<tr>
<td>PHYS 1130/1140</td>
<td>PHYSI 1201 (meets Area VI)</td>
</tr>
</tbody>
</table>
PSY 1000  PSYCH 1100  (meets Area V)
HPHE 1110 or HOL 1000  No equivalent

- The Exercise Science program also requires a minimum of 20 credits from an area that is called Personal Option Program (POP). The selection from these courses is driven by the career path that you have in mind. Please check with the WMU advisor before making your selections:

**WMU courses**  **COD courses**
BIOS 1620  No equivalent
BIOS 2500  BIOLO 1120
BUS 1750  BUSIN 1100  (meets Area V)
MKTG 2500  MARKE 2210
MGMT 2500  MANAG 2220
CHEM 1120/1130  CHEMI 1552
CHEM 3750/3760  CHEMI 2551
CHEM 3770/3780  CHEMI 2552
PSY 2500  PSYCH 2260
SOC 2000  SOCIO 1100  (meets Area V)
STAT 3660  MATH 1635  (meets Prof. 3)

**General education requirements:**

- For information about General Education requirements at WMU please use this website;
- Students from COD should choose courses from Areas I, II, III, IV, VII, and Proficiencies 1, 3, and 4 (if you complete MATH 1635, then a course from Prof. 3 is not needed).

**Approved by:**
Laura Ciccantell - Advising Director
College of Education and Human Development

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