REASONS TO BECOME A WELLNESS CHAMPION

♦ Prioritizes your health and well-being
♦ Feels good to support others
♦ Keeps you in the loop of what resources are available at WMU
♦ Access to exclusive Champ only events

WELLNESS CHAMPION JOB DESCRIPTION

♦ Be the go-to person in your work area for information about wellness
♦ Share information about Western Wellness programs and other WMU resources to help your co-workers stay healthy and improve wellness
♦ Gather ideas from coworkers for future programming to share with Western Wellness

Ready to apply? Please complete this simple application:

Name ____________________________________________________________
Email ____________________________________________________________
Work phone __________________________ Cell Phone ____________________________

Completed applications may be returned by mail or email to Holtyn & Associates at:
P.O. Box 19335, Kalamazoo, MI 49019
pwerme@holtynhpc.com | 269.492.4226