



# Supporting Muslim Fieldwork Students: Understanding Religion Rituals in Various Practice Settings

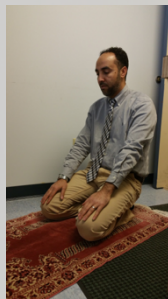


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## Objectives

- Identify the daily religious rituals that Muslim students perform during traditional work hours.
- Identify different ways Muslim rituals are incorporated into different fieldwork practice settings.

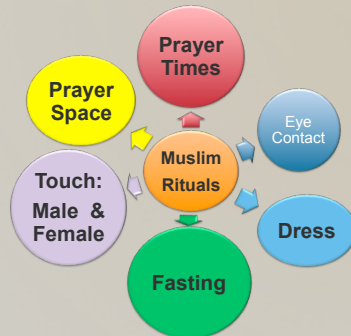
**"Discussions about religion rituals help make the fieldwork experience a success."**  
~ a FW Educator



Resources for prayer times can be found at [www.islamicfinder.org](http://www.islamicfinder.org)

## Muslim Rituals

Ritual	Time	Space
<b>Abulution</b> ( <i>Wudu</i> )	1-3 times a day	Bathroom
<b>Prayer</b> ( <i>Salat</i> )	1-3 times per work day	Quiet, clean space facing Mecca approx. 2x3 feet
<b>Holy Day</b> ( <i>Jumah</i> )	Every Friday, approx. 12:30-2	
<b>Holidays</b> ( <i>Eid</i> )	2 x year, changes annually	



## Considerations for Religion Adjustments

Practice Setting	Considerations	Strategies
<b>Inpatient Hospital</b>	<ul style="list-style-type: none"> <li>• Male/female touch during self care and transfers</li> <li>• Caregiver training</li> <li>• Cooking groups</li> </ul>	<ul style="list-style-type: none"> <li>• Gloves</li> <li>• Keep door slightly open</li> <li>• Have another adult in the room</li> <li>• Explain fasting</li> <li>• Co-treatment</li> </ul>
<b>Outpatient Hand Therapy</b>	<ul style="list-style-type: none"> <li>• Male/female touch for tissue massage</li> </ul>	<ul style="list-style-type: none"> <li>• In large open room with other people</li> </ul>
<b>Outpatient Pediatrics</b>	<ul style="list-style-type: none"> <li>• Finicky feeders trials</li> <li>• Explaining headscarf to children</li> </ul>	<ul style="list-style-type: none"> <li>• Co-treatment</li> <li>• Speak to parents ahead of time</li> </ul>
<b>School System</b>	<ul style="list-style-type: none"> <li>• Explaining headscarf to children</li> </ul>	<ul style="list-style-type: none"> <li>• Answer a question with a question or a simple "I want to."</li> </ul>

## Fieldwork Educator Discussions: Unique Preference for Each Student

### When/How

- Prior to fieldwork experience:
  - formal email communication listing rituals
  - request a phone call
  - -----OR WAIT -----
- First day of fieldwork experience

## Muslim-OT Identity Development

