

ERIC M. SAUER

Western Michigan University
Department of Counselor Education and Counseling Psychology
200 Ionia S.W.
Grand Rapids, Michigan 49503
Office: (616) 771-4171
Fax: (616) 742-5085
Mobile: (616) 822-1185
Email: eric.sauer@wmich.edu

EDUCATION AND TRAINING

Ph.D. Counseling Psychology (APA Accredited)

Michigan State University, East Lansing MI - August 1999

Post-Doctoral Fellowship, Counseling and Consultation Services, University of Wisconsin

Madison, Madison, WI – July 2001

Professional Psychology Internship (APA Accredited)

University of Iowa, Iowa City, IA - July 1998

M.A. Pre-Counseling Psychology

Ball State University, Muncie, IN - May 1991

B.S. Psychology

Michigan State University, East Lansing, MI - June 1988

Licensed Psychologist, State of Michigan - License Number 6301011779

POSTDOCTORAL EMPLOYMENT

Professor of Counseling Psychology,

Department of Counselor Education and Counseling Psychology, Western Michigan University

August 2012 - Present

Director, Center for Counseling and Psychological Services-Grand Rapids,

Department of Counselor Education and Counseling Psychology, Western Michigan University

August 2001 - Present

Co-Director, Counseling Psychology Ph.D. Program,

Department of Counselor Education and Counseling Psychology, Western Michigan University

August 2006 - August 2014

VITA, **Eric Martin Sauer**, 2

Associate Professor of Counseling Psychology,

Department of Counselor Education and Counseling Psychology, Western Michigan University
August 2006 - August 2012

Assistant Professor of Counseling Psychology,

Department of Counselor Education and Counseling Psychology, Western Michigan University
August 2001- 2006

Assistant Professor of Counselor Education,

Counselor Education Program, University of Wisconsin-Platteville
August 1998 - August 2001

PUBLICATIONS

Refereed Articles

Bold indicates a student or former student co-author.

Sauer, E. M., Rice, K. G., **Roberts, K. E.**, & Richardson, C. M. (2020). Client attachment and change in mental health during psychotherapy. *Psychotherapy*. Advance online publication. doi: 10.1037/pst0000304

Scheel, M. J., Stabb, S. D., Cohn, T. J., Duan, C., & Sauer, E. M. (2018). Counseling psychology model training program. *The Counseling Psychologist, 46*, 6-49.

Richardson, C. M., Rice, K. G., Sauer, E. M., & **Roberts, K. E.** (2017). Client perfectionism and psychological symptoms throughout psychotherapy. *Psychotherapy Research*. DOI: 10.1080/10503307.2017.1413854

Sauer, E. M., Rice, K. G., Richardson, C. M. E., & **Roberts, K. E.** (2017). Influence of client attachment and gender on therapy transfers: A multilevel examination. *Training and Education in Professional Psychology, 11*, 33-40.

Mallinckrodt, B., Anderson, M. Z., Choi, G., Levy, K. N., Petrowski, K., Sauer, E. M., Tishby, O., & Wiseman H. (2017). Pseudosecure vs. individuated-secure client attachment to therapist: Implications for therapy process and outcome. *Psychotherapy Research, 27*, 677-691.

Rice, K. G., Sauer, E. M., Richardson, C. M. E., **Roberts, K. E.**, & **Garrison, A. M.** (2015). Perfectionism affects change in psychological symptoms. *Psychotherapy, 52*, 218-227.

VITA, **Eric Martin Sauer**, 3

- Garrison, A. M.**, Kahn, J. H., Miller, S. A., & Sauer, E. M. (2014). Emotional avoidance and rumination as mediators of the relation between adult attachment and emotional disclosure. *Personality and Individual Differences*, *70*, 239-245.
- Callahan, J. L. Gustafson, S., Misner, J., Paprocki, C., Sauer, E. M., Saules, K., Schwartz, J., Swift, J., Whiteside, D., **Wierda, K.**, & Wise, E. (2014). Introducing the Association of Psychology Training Clinics Collaborative Research Network: A study on client expectation. *Training and Education in Professional Psychology*, *8*, 95-104.
- Richmond, C. J.**, Smock Jordan, S, Bischof, G. H., & Sauer, E. M. (2014). Effects of solution-focused versus problem-focused intake questions on pre-treatment change. *Journal of Systemic Therapies*, *33*, 33-47.
- Klepac, R. K., Ronan, G. F., Andrasik, F., Arnold, K. D., Belar, C. D., Berry, S. L., Christoff, K. A., Craighead, L. W., Dougher, M. J., Dowd, E. T., Herbert, J. D., McFarr, L. M., Rizvi, S. L., Sauer, E. M., & Strauman, T. J. (2012). Guidelines for cognitive behavioral training within doctoral psychology programs in the United States of America: Report of the inter-organizational task force on cognitive and behavioral psychology doctoral education. *Behavior Therapy*, *43*, 687-697.
- Garrison, A. M.**, Kahn, J. H., Sauer, E. M., & Florczak, M. A. (2012). Disentangling the effects of depression symptoms and adult attachment on emotional disclosure. *Journal of Counseling Psychology*, *59*, 230-239.
- Sauer, E. M., Anderson, M. Z., Gormley, B., **Richmond, C. J.**, & **Preacco, L.** (2010). Client attachment orientations, working alliances, and responses to treatment: A psychology training clinic study. *Psychotherapy Research*, *20*, 702-711.
- Huber, D. M.**, Sauer, E. M., & **Mrdjenovich, A. J.** (2010). Contributions to advisory working alliance: Advisee attachment orientation and pairing methods. *Training and Education in Professional Psychology*, *4*, 244-253.
- Boatwright, K. J., Lopez, F. G., Sauer, E. M., **VanDerWege, A.**, & **Huber, D. M.** (2010). The influence of adult attachment styles on workers' preferences for relational leadership behaviors. *The Psychologist-Manager Journal*, *13*, 1-14.
- Sauer, E. M., & **Huber, D. M.** (2007). Implementing the Boulder Model of training in a psychology training clinic. *Journal of Contemporary Psychotherapy*, *37*, 221-228.
- Vespia, K. M., Sauer, E. M., & Lyddon, W. J. (2006). Introduction to the Special Issue: Counselling psychologists as scientist-practitioners: Finding unity in diversity. *Counselling Psychology Quarterly*, *19*, 223-227.
- Vespia, K. M., & Sauer, E. M. (2006). Defining characteristic or unrealistic ideal: Historical and contemporary perspectives on scientist-practitioner training in counseling psychology. *Counselling Psychology Quarterly*, *19*, 229-251.

VITA, **Eric Martin Sauer**, 4

Sauer, E. M. (2006). Living the scientist-practitioner model in a psychology training clinic. *Counselling Psychology Quarterly*, 19, 293-304.

Munley, P. H., Duncan, L. E., McDonnell, K. A., & Sauer, E. M. (2004). Counseling psychology in the United States of America. *Counselling Psychology Quarterly*, 17, 247-271.

Sauer, E. M., Lopez, F. G., & Gormley, B. (2003). Respective contributions of therapist and client adult attachment orientations to the development of the early working alliance: A preliminary growth modeling study. *Psychotherapy Research*, 13, 371-382.

Lopez, F. G., Melendez, M. C., Sauer, E. M., Berger, E., & Wyssmann, J. (1998). Internal working models, self-reported problems, and help-seeking attitudes among college students. *Journal of Counseling Psychology*, 45, 79-83.

Steward, J. R., Boatwright, K. J., Sauer, E. M., Baden, A., & Jackson, J. D. (1998). The relationship among counselor-trainees' gender, cognitive development, and white racial identity: Implications for counselor training. *Journal of Multicultural Counseling and Development*, 26, 254-272.

Lopez, F. G., Gover, M. R., Leskela, J., Sauer, E. M., Schirmer, L., & Wyssmann, J. (1997). Attachment styles, shame, guilt, and collaborative problem-solving orientations. *Personal Relationships*, 4, 187-199.

Steward, J. R., O'Leary, K. J., Boatwright, K. J., & Sauer, E. M. (1996). Social support networks of successful students: A study of race, ethnicity and sex. *Journal of College Student Development*, 37, 97-98.

Book Chapters

Bischof, G. H., Anderson, M. L., Simpson, C. D., Sauer, E. M., & Craig, S. E. (2009). Supervision of applied specialties: Unique aspects. In N. Pelling, J. Barletta, & P. Armstrong (Eds.) *The Practice of Clinical Supervision* (pp. 296-336). Queensland, AU: Australian Academic Press.

Guest Editor of a Special Issue

Vespia, K. M., Sauer, E. M., & Lyddon, W. J. (2006). Counselling Psychologists as Scientist-Practitioners: Finding Unity in Diversity – A North American Perspective. *Counselling Psychology Quarterly*, 19, issue #3.

Unpublished Research

Sauer, E. M. (1999). *Therapist and client adult attachment: A longitudinal examination of the therapeutic working alliance*. Unpublished doctoral dissertation, Michigan State University, East Lansing, Michigan.

VITA, **Eric Martin Sauer**, 5

Sauer, E. M. (1991). *The imposter phenomenon: Locus of control, sex, level of education, generation status, age and race in a college population*. Unpublished master's thesis, Ball State University, Muncie, Indiana.

Other Professional Publications

Sauer, E. M. (2011, November). President's Column. *Newsletter of the Association of Psychology Training Clinics*.

Sauer, E. M. (2011, April). President's Column. *Newsletter of the Association of Psychology Training Clinics*.

Sauer, E. M. (2010, November). President's Column. *Newsletter of the Association of Psychology Training Clinics*.

Sauer, E. M., Barraclough, D. J., & Ingram, C. (2005, June). Empirically supported therapeutic relationships: Implications for Training Clinics. *Newsletter of the Association of Directors of Psychology Training Clinic*, 5-7.

Sauer, E. M. (2003, February). Outcome Questionnaire (OQ45.2). *Newsletter of the Association of Directors of Psychology Training Clinic*, 5, 2.

Boatwright, K. J., & Sauer, E. M. (1995). *Examining the relationships between stages of racial identity, cognitive development, and multicultural counseling training*. (ERIC Document Reproduction Service No. ED392874).

RESEARCH AND TRAINING GRANTS

Consultant: NIH Challenge Grant 15-MH-106. Jennifer Callahan (PI). Mental Health Programs Designed for College Students with Mental Illness, application 4/2009, \$908,703, not funded.

Schultz, J., Kelly-Albertson, L., & Sauer, E. M. 2005 President's Innovation Fund. *A Proposal to Develop The Center of Career Services and Human Resources Development at the Grand Rapids Campus of WMU*, 2005-2002, **\$212,304**, funded.

Project Director. *Spectrum Health Hospitals Agreement for Clinical Affiliations*. Training and service contract between Spectrum Health Hospitals and the Board of Trustees at WMU, administered by the Center for Counseling and Psychological Services-GR. Contract dates: 5/2003 to 8/30/05. **\$23,590**, funded.

Project Co-Director. *Infant Adoption Awareness Training Project*. Subcontract from Bethany Christian Services to provide evaluation services for a federal grant submitted to the Department of Health and Human Services, application 7/2001, \$68,316, not funded.

VITA, **Eric Martin Sauer**, 6

Principle Investigator. *Client Attachment, Working Alliance, and Counseling Outcome*. Proposal to WMU Faculty Research and Creative Activities Support Fund, application 11/2002, \$2,988, not funded.

Co-Project Leader. *Establishing a Center for Career Services and Human Resources Development at the WMU Graduate Center-Downtown*. Proposal to the Frey Foundation, application 5/2003, \$298,000, not funded.

Project Evaluator. *Establishing the Bethany Child Traumatic Stress Center*. Proposal to Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS), application 8/2003, \$200,000, not funded.

REFEREED NATIONAL/INTERNATIONAL CONFERENCE PRESENTATIONS

Sauer E.M. Rice, K.G. (2023, August). Research and Training Innovations Based on the Therapist Attunement Scales (Co-Chair). Symposium to presented at the annual convention of the American Psychological Association, Washington, DC.

Sauer, E. M., Rice, K. G., Roberts, K., Houben, C., & Hook, J. (2021, June). *Association between Therapist Attachment Orientations and the Working Alliance in Psychotherapy*. Paper presented at the Annual Meeting of the Society for Psychotherapy Research, Heidelberg, Germany.

Rice, K. G., Sauer, E. M., Houben, C., Roberts, K., Hook, J., & Richardson, C. (2021, June). *How Client Perfectionism and Attachment Dimensions Arrive in Therapy: A Search for Reliable Client Groups*. Paper presented at the Annual Meeting of the Society for Psychotherapy Research, Heidelberg, Germany.

Rice, K. G., Arana, F. G., Sauer, E. M., Keegan, E., Roberts, K. E. (2019, July). *Perfectionism measurement and implications for clients in Argentina and the USA*. Paper presented at the 50th international meeting of the Society of Psychotherapy Research, Buenos, Aries, Argentina.

Sauer, E. M., Rice, K. G., Talia, A., Roberts, K. E., Houben-Hop, & C., Hook, J. (2019, July). *Therapist attachment-related behaviors and their effects on psychotherapy process and outcome*. Paper presented at the 50th international meeting of the Society of Psychotherapy Research, Buenos, Aries, Argentina.

Sauer, E. M., Rice, K. G., Roberts, K. E., Houben-Hop, C., & Richardson, C. M. E. (2018, September). *How client perfectionism and attachment dimensions show up in therapy: A search for reliable client groups*. Paper presented at the annual meeting of the North American Society of Psychotherapy Research, Snowbird, UT.

Stocker, A. E., Hibbard-Gibbons, K., & Sauer, E. (2018, August). *Why clients are terminating early: factors related to premature termination in university training clinics*. Poster

VITA, **Eric Martin Sauer**, 7

presented at the annual convention of the American Psychological Association, San Francisco, CA.

Sauer, E. M. (2018, March). *Psychology training clinic research digest: Maui 2018*. Poster presented at the annual meeting of the Association of Psychology Training Clinics, Maui, HI.

Levy, K. N., Strauss, B., Sauer, E. M., & Talia, A. (2017, June). *Attachment styles and attachment patterns: How do they impact psychotherapy?* Structured discussion presented at the 48th international meeting of the Society of Psychotherapy Research, Toronto, Canada.

Sauer, E., Scheel, M. J., & Stabb, S. (2017, March). *The 2017 Counseling psychology model training program*. Paper presented at the Council of Counseling Psychology Training Programs (CCPTP) midwinter meeting. San Juan, Puerto Rico.

Sauer, E. M., Rice, K. G., Richardson, C. M. E., Ashby, J. S., & Roberts, K. (2016, November) *Client perfectionism and early treatment responding: A psychology training clinic study*. Paper presented at the annual meeting of the North American Society of Psychotherapy Research, Berkeley, CA.

Scheel, M., Stabb, S.D., Sauer, E. M., Cohn, T. & Duan, C. (2016, August). *Revising the model training program in counseling psychology: Twenty-four guiding principles*. In J. Lichtenberg (Chair), *The Future of Training in Counseling Psychology*. Symposium presented at the annual convention of the American Psychological Association, Denver, CO.

Sauer, E. M., Rice, K.G., Roberts, K. E., Richardson, C. E. M. (2016, March). *Examining changes in client attachment patterns in psychotherapy: A growth modeling study*. Paper presented at the 2nd Annual World Conference on Personality, Buzios, Rio de Janeiro, Brazil.

Mallinckrodt, B., Choi, G., Levy, K. N., Petrowski, K., Sauer, E. M., Tishby, O., & Wiseman, H. (2015, June). *Pseudo-secure vs. individual-secure client attachment to therapist: Implications for therapy process and outcome*. In B. Strauss (Chair), *Attachment*. Symposium presented at the international meeting of the Society of Psychotherapy Research, Philadelphia, PA.

Sauer, E. M., Rice, K.G., Roberts, K. E., Richardson, C. E. M., & Garrison, A. M. (2015, June). *The impact of client attachment orientations on the transfer separation process: A multi-leveled examination*. Panel paper presented at the international meeting of the Society of Psychotherapy Research, Philadelphia, PA.

Sauer, E. M., Rice, K. G., Richardson, C. M. E., Roberts, K. E., & Garrison, A. M. (2015, June). *Client attachment and changes in mental health during psychotherapy*. Poster paper presented at the international meeting of the Society of Psychotherapy Research, Philadelphia, PA.

VITA, **Eric Martin Sauer**, 8

Sauer, E. M., Rice, K. G., Richardson, C. M. E., Thum, L., & Wierda, K. (2014, June). *Changes in client attachment security over time*. Paper presented at the international meeting of the Society of Psychotherapy Research, Copenhagen, Denmark.

Garrison, A. G., Sauer, E. M., & Howard-Connor, K. (2014, June). *Optimizing the therapeutic alliance: A closer examination of client and therapist factors*. Paper presented at the international meeting of the Society of Psychotherapy Research, Copenhagen, Denmark.

Sauer, E. M., Garrison, A. M., & Rice, K. G. (2013, October). *The impact of client attachment orientations and perfectionism on response to psychotherapy: A psychology training clinic study*. Paper presented at the annual meeting of the North American Society of Psychotherapy Research, Memphis, Tennessee.

Garrison, A. M., Sauer, E. M., Klott, R., Wierda, K., Ray, M., & Thum, L. (2013, August). *Adult attachment orientations, the working alliance, and disclosure in supervision*. Poster presented at the 121st annual convention of the American Psychological Association, Honolulu, HI.

Klott, E. & Sauer, E. M. (2013, August). *What psychotherapists can teach us about childhood trauma: The role of attachment orientation and coping strategy*. Poster presented at the 121st annual convention of the American Psychological Association, Honolulu, HI.

Sauer, E. M., Richmond, C. J., & Gormley, B. (2013, July). *A dyadic examination of client and therapist attachment, working alliance, session evaluation, and response to psychotherapy: A university counseling center study*. Paper presented at the 44th International Meeting of the Society for Psychotherapy Research, Brisbane, Australia.

Wierda, K., Weatherhead, G. V., Thum, L., & Sauer, E. (2013, April). *Why can't we just show up? Exploring the impact of interpersonal process therapy in supervision and personal growth*. Roundtable discussion presented at the annual Great Lakes Conference, Grand Rapids, MI.

Wise, E., & Sauer, E. M. (2013, February). The APTC collaborative research network: Findings from the first study and discussion of the process. Paper presented at the Annual Meeting of the Association of Psychology Training Clinics, Coconut Grove, FL.

Wise, E., Conroy, M. A., Gustafson, S. A., Munday, C. C., O'Halloran, S., Sauer, E. M., Smith, L., & Zetzer, H. (2013, February). Professional development for training clinic directors: Pathways and strategies. Panel discussion presented at the Annual Meeting of the Association of Psychology Training Clinics, Coconut Grove, FL.

Klepac, R. K., Ronan, G. F., Andrasik, F., Belar, C., Craighead, L. W., Herbert, J., Strauman, T. J., Arnold, K., Berry, S., Christoff, K., Dougher, M. J., Dowd, E. T., McFarr, L., Rizvi, S., & Sauer, E. M. (2012, November). *Report of the inter-organizational task force on cognitive and behavioral psychology doctoral education*. Panel presented to the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Garrison, A. M., Kahn, J. H., & Sauer, E. M. (2012, August). *Emotional avoidance and*

VITA, **Eric Martin Sauer**, 9

rumination mediate the relation between adult attachment and disclosure. Poster presented at the 120th annual convention of the American Psychological Association, Orlando, FL.

Sauer, E. M., Garrison, A. M., Hill, C. E., Marmarosh, C., Wierda, K., & Beagle, M. K. (2012, June). *The impact of client attachment orientations on the transfer separation process: A psychology training clinic study.* Paper presented at the 43rd International Meeting of the Society for Psychotherapy Research, Virginia Beach, Virginia.

Sauer, E. M., Anderson, M.Z., & Gormley, B. (2011, September). *A dyadic examination of client and therapist attachment, working alliance, session evaluation and response to therapy: A psychology training clinic study.* Paper presented at the meeting of the North American chapter of the Society for Psychotherapy Research, Banff, AB.

Sauer, E. M. & Callahan, J. (2011, March). *Multi-site study of client expectancies.* Paper presented at the annual meeting of the Association of Psychology Training Programs, New Orleans, LA.

Huber, D. M., & Sauer, E.M. et al (2010, August). *Promising psychotherapy dose-effect response curve findings for training clinics.* Poster presented at the annual convention of the American Psychological Association, San Diego, CA.

Callahan, J. L., & Sauer, E. M. (2010, February). *Beyond individual psychotherapy: Using training clinics to promote clinical competence in research, program evaluation, and supervision.* Symposium presented at the 2010 Joint Conference of Training Councils in Psychology, Orlando, FL.

Sauer, E. M., Callahan, J. L., Huber, D. M., & Davis, J. M. (2009, March). *Technological applications in psychology training clinics.* Paper presented at the mid-year meeting of the Association of Directors of Psychology Training Clinics, Chapel Hill, NC.

Cooper, L., Terry-Friedman, P., Hatcher, R., Heffer, R.W., R.L., Lewis, B., Sauer, E., & Wise, E. (2009, March). *Evolution of ADPTC: Beginnings, present, and future -- Where do we go from here?* Panel discussion presented at the mid-year meeting of the Association of Directors of Psychology Training Clinics, Chapel Hill, NC.

Huber, D.M., Sauer, E. M., VanderWal, B., & Wolff, K. (2008, June). *Psychology training clinics: A model setting for assessment batteries.* Poster presented at Division 17 Great Lakes Conference on Counseling Psychology, Grand Rapids, MI.

Richmond, C., Bischof, G., & Sauer, E. M. (2007, November). *A study of intake and assessment in solution focused brief therapy.* A workshop presented at the Conference on Solution-Focused Practices, Toronto, Canada.

VITA, **Eric Martin Sauer**, 10

- Sauer, E. M., & Huber, D. M. (2007, August). *Advisory working alliance: Contributions of advisee-attachment orientations*. Poster session to be presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Sauer, E. M. (2006, August). The development of scientific thinking in practicum. In E. M. Sauer (Chair), *Incorporating research and systematic data collection in the practicum*. Symposium presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Huber, D. M., & Sauer, E. M. (2006, April). *Review of the therapeutic and advisory working alliances with advising considerations*. Paper presented at the Division 17 Great Lakes Conference on Counseling Psychology, Purdue, IN.
- Sauer, E. M. (2006, March). *How to establish research at your training clinic*. Panel discussion moderated at the annual meeting of the Association of Directors of Psychology Training Clinics, Santa Barbara, CA.
- Sauer, E. M., Anderson, M. Z., Cane, T., & Gormley, B. (2005, August). *Therapist and client attachment: Impacts on counseling process and outcome*. Poster session presented at the annual convention of the American Psychological Association, Washington, DC.
- Anderson, M. Z., Kerby J. A., & Sauer, E. M. (2005, August). *Psychometric evaluation of the Client Attachment to Therapist Scale*. Poster session presented at the annual convention of the American Psychological Association, Washington, DC.
- Hatcher, R., Lassiter, K. D., & Sauer, E. M. (2005, August). *Update on competency documents and on clinic practice research networks*. Workshop presented at the annual meeting of the Association of Directors of Psychology Training Clinics, Washington, DC.
- Sauer, E. M., Barraclough, D. J., & Ingram, C. (2005, March). *Empirically supported therapeutic relationships: Implications for psychology training clinics*. Workshop presented at the midyear meeting of the Association of Directors of Psychology Training Clinics, Austin, TX.
- Sauer, E. M. (2004, August). Psychology training clinics: Closing the gap between science and practice. In V. Barnette (Chair), *Scientist-practitioner model: Four counseling psychologists report*. Symposium presented at the annual convention of the American Psychological Association, Honolulu, HI.
- Sauer, E. M. (2004, March). *Using the Outcome Questionnaire in psychology training clinics*. Paper presented at the midyear meeting of the Association of Directors of Psychology Training Clinics, Miami FL.
- Sauer, E. M., Anderson, M. Z., Preacco, L., Richmond, C. J, Klimek, E. J., & Gormley, B. (2003, August). *Client attachment, working alliance, and counseling outcome*. Poster session

VITA, **Eric Martin Sauer**, 11

presented at the annual convention of the American Psychological Association, Toronto, Canada.

Gray, G., & Sauer, E. M. (2002, August). *Evaluating treatment outcome*. Paper presented at the annual meeting of the Association of Directors of Psychology Training Clinics, Chicago, IL.

Tregerman, E., & Sauer, E. M. (2002, April). *Run your blues away: Using aerobic exercise to reduce depression*. Poster session presented at the Division 17 Great Lakes Conference on Counseling, East Lansing, MI.

Sauer, E. M. (2002, April). Clinic director and assistant professor at a large regional university. In E. M. Sauer (Chair), *Early career development of counseling psychologists: Perspectives from diverse settings*. Symposium presented at the Division 17 Great Lakes Conference on Counseling, East Lansing, MI.

Sauer, E. M., Boatwright, K. J. & Lopez, F. G. (2001, August). *Leadership preferences: Adult attachment styles, gender and work context*. Poster session presented at the annual convention of the American Psychological Association, San Francisco, CA.

Sauer, E. M. (2001, March). Hey! What about doing some research around here? In R. J. Steward (Chair), *Making a difference in the training of master's-level counselors*. Symposium presented at the 4th National Counseling Psychology Conference, Houston, TX.

Sauer, E. M., Rice, K. G., Evans, A. L., & Fink, S. (2000, August). *Impact of attachment and gender on adolescent psychosocial functioning*. Poster session presented at the annual convention of the American Psychological Association, Washington, DC.

Steward, R. J., Friedrich, T., Sauer, E. M., Boatwright, K., Baden, A., Breland, A. M., Neil, D., & Miller, M. A. (2000, April). *White counselor trainees' and attitudes about interracial relationships*. Poster session presented at the Division 17 Great Lakes Conference on Counseling Psychology, Muncie, IN.

Boatwright, K. J., & Sauer, E. M. (2000, April). *The influence of attachment styles in the worker-employee relationship*. Poster session presented at the Division 17 Great Lakes Conference on Counseling Psychology, Muncie, IN.

Sauer, E. M., & Mucha, M. (1999, October). *The role of adult attachment in therapeutic relationships*. Invited sectional presented at the annual conference of the Wisconsin Counseling Association, Madison, WI.

Sauer, E. M. (1999, August). The longer-term impact of the Michigan State Model. In F. G. Lopez (Chair), *Training counseling psychologists as teachers: The Michigan State model*. Symposium conducted at the annual convention of the American Psychological Association, Boston, MA.

VITA, **Eric Martin Sauer**, 12

Sauer, E. M. (1998, August). In J. M. Polansky (Chair), *Training issues arising from campus characteristics of college counseling centers*. Symposium presented at the annual convention of the American Psychological Association, San Francisco, CA.

Sauer, E. M., & Lopez, F. G. (1998, August). *Client and therapist attachment: An examination of the working alliance*. Poster session presented at the annual convention of the American Psychological Association, San Francisco, CA.

Keeton, P., Sauer, E. M., & Al-Darmaki, F. (1998, February). *Consultant on duty: Changing the nature of the initial clinical contact*. Paper presented at the annual Big Ten Counseling Centers Conference, East Lansing, MI.

Lopez, F. G., Berger, E., Fuendeling, J., Melendez, M., Sagula, D., Sauer, E. M., Thomas, K., & Wyssmann, J. (1996, April). *Predictors of distress and help-seeking attitudes among college students: An attachment-theoretical perspective*. Symposium presented at the Division 17 Great Lakes Conference on Counseling Psychology, Muncie, IN.

Sauer, E. M. (1995, August). Relationships among white racial identity, multicultural competency and counseling performance. In R. J. Steward (Chair), *Rethinking the application of racial identity developmental theory, training, and counseling applications*. Symposium presented at the annual convention of the American Psychological Association, New York, NY.

Wyssmann, J., Gover, M., Schirmer, L., Leskela, J., Sauer, E. M., Melendez, M., Thomas, K., & Berger, E. (1995, March). *Adult attachment styles, guilt, shame, and problem solving orientations: Some preliminary findings*. Symposium presented at the Division 17 Great Lakes Conference on Counseling Psychology, OH.

HONORS/AWARDS

American Psychological Association Suinn Minority Award, 2008 (“This award rewards graduate programs in psychology that have demonstrated excellence in the recruitment, retention, and graduation of ethnic minority students.”).

American Psychological Association of Graduate Students Department of the Year Award, 2008 (“This award recognizes a graduate psychology department that has exemplified an outstanding level of commitment towards graduate students and graduate student life.”).

Recipient, Faculty Research Travel Fund, Research and Sponsored Programs, WMU, 2002, 2004.

Recipient, Dean’s Fund for Faculty Development, UW-Platteville, 1999, 2000, 2001.

Recipient, 1998 American Psychological Association Student Travel Award.

VITA, **Eric Martin Sauer**, 13

Recipient, Norman Kagan Endowed Scholarship in Graduate and Professional Studies, College of Human Medicine & College of Education, 1997.

Recipient, Dean's Citation for Academic Excellence, Ball State University Graduate School, 1991.

SERVICE AND PROFESSIONAL ACTIVITIES

Editorial Board Member, *Journal of Psychotherapy Integration*, 2018-present

Editorial Board Member, *Counseling Psychology Quarterly*, 2017-2022

Editor's Guest Editor, *Journal of Counseling Psychology*, 2020-2021

Editorial Board Member, *Journal of Psychotherapy Integration*, 2016-2021

Editorial Board Member, *Training and Education in Professional Psychology*, 2018-2021

Editorial Board Member, *The Counseling Psychologist*, 2007-2009.

Editorial Board Member, *Journal of Counseling Psychology*, 2007-2009.

Ad-hoc reviewer, *The Counseling Psychologist*, 2002-2006, 2010-present.

Ad-hoc reviewer, *Journal of Counseling Psychology*, 2001-2006, 2010-present.

Ad-hoc reviewer, *Training and Education in Professional Psychology*, 2008-2018.

Ad-hoc reviewer, *Psychology and Psychotherapy: Theory, Research and Practice*, 2009-present.

Ad-hoc reviewer, *Professional Psychology: Research and Practice*, 2007.

Ad-hoc reviewer, *Psychotherapy Research*, 2006-present.

National Service

2017-present Site Visit Chair, American Psychological Association Commission on Accreditation (CoA)

2007-present Site Visit Team Member, American Psychological Association Commission on Accreditation (CoA)

2018-2020 Chair, Committee on Education and Training, Society for Advancement of Psychotherapy

VITA, Eric Martin Sauer, 14

- 2016-2017 Member, Presidential STG for Model Training Program in Counseling Psychology
- 2016-2017 Chair, Leona Tyler Awards Committee, Society of Counseling Psychology
- 2002-2015 Co-chair, Practice Research Network, Association of Directors of Psychology Training Clinics
- 2012-2015 Executive Board Member, Council of Counseling Psychology Training Programs
- 2014-2015 Sub-Committee Chair, Barbara A. Kirk Award, Society of Counseling Psych.
- 2006-2015 Member, Council of Counseling Psychology Training Programs
- 2012-2014 Past President, Association of Psychology Training Clinics
- 2012-2014 Member, Joint Special Task Group on Counseling Psychology Competencies
- 2011-2012 Member, Inter-Organizational Task Force on Cognitive and Behavioral Psychology Doctoral Education
- 2011 Member, Outstanding Graduate Student Awards Committee, Council of Counseling Psychology Training Programs
- 2010-2012 President, Association of Psychology Training Clinics
- 2007-2010 President Elect, Association of Directors of Psychology Training Clinics
- 2005-2010 Member, Task Force on New Director Training Program, Association of Directors of Psychology Training Clinics
- 2003-2007 Member-at-Large, Association of Directors of Psychology Training Clinics
- 2002-2005 Chair, Task Force on New Director Training Program, Association of Directors of Psychology Training Clinics
- 1999-2002 Member, Convention Program Committee, Society of Counseling Psychology
- 2000 Program Reviewer, 4th National Counseling Psychology Conference

Western Michigan University

- 2018-2022 Member, College of Education and Human Development Promotion Committee
- 2017-2018 Chair, College of Education and Human Development Promotion Committee

VITA, **Eric Martin Sauer**, 15

2001-present Member, Counseling Psychology Training Committee

2016-2022 Chair, Tenure, Promotion and Faculty Development Committee

2012-2016 Member, Tenure, Promotion and Faculty Development Committee

2014 Member, Counseling Psychology Faculty Search Committee

2006-2014 Co-Director of Training, Counseling Psychology Doctoral Program

2013 Member, Grand Rapids Regional Director Search Committee

2013 Member, Program Committee, Great Lakes Regional Conference

2012 Chair, Counseling Psychology Faculty Search Committee

2008-2012 Department Representative, American Association of University Professors (AAUP) Department Union, CECP Department Union Representative

2008 Member, Program Committee, Great Lakes Regional Conference

2003 Chair, Hospitality Committee, Great Lakes Regional Conference

2003 Member, Program Committee, Great Lakes Regional Conference

University of Wisconsin-Platteville (UWP)

2001 Program Director, Counselor Education Program

1998-2001 Coordinator, Community Counseling Track, Counselor Education Program

1999-2001 Director, Graduate Assistantship Program, Counselor Education Program

1999 Member, Search Committee, Faculty Position in Counselor Education

1998-2001 Member, Comprehensive Exam Committee, School of Education

1999-2001 Member, School Tenure Review Board, School of Education

2000 Member, Health and Physical Ed. Search and Screen Committee, School of Education

2000 Member, Freudenreich Endowment Selection Committee, School of Education

1999-2001 Chancellor's Mentor (for new students of color), UWP

VITA, **Eric Martin Sauer**, 16

1999-2000 Member, UW-Extension Strategic Planning Committee, UWP

1999-2001 University Mentor, UWP

2001 Member, Graduate Council, UWP

2000-2001 Member, IRB for Protection of Human Subjects, UWP

2000-2001 Member, Ethics Committee, UWP

2000-2001 Member, Alcohol and Drug Advisory Committee, UWP

2000-2001 Member, Committee for Extension/UWP Engaged University

TEACHING AND DOCTORAL ADVISING

Western Michigan University

Counseling Psychology Professional Issues and Ethics Seminar (CECP 6800)

Field Practicum (CECP 6130)

Doctoral Practicum: Clinical Supervision (CECP 6930)

Individual Doctoral Practicum (CECP 6930)

University of Wisconsin-Platteville

Developmental Group Counseling

Introduction to Professional Counseling

DSM-IV: Diagnosis and Assessment of Psychopathology

Practicum I & II – Community/Adult Counseling

Counseling Theories

Adult/Community Counseling

Human Services Theories

Crisis Group Counseling

Michigan State University

Social-Emotional Development of School-Aged Youth

Dynamics of Personal Adjustment

Substance Abuse

Lansing Community College

Introduction to Personality

Dissertations Supervised

14. Golubski, M. (2023). Measuring Multicultural Competence in Counseling.

13. Saltzman, M. (2023). Effects of a Self-Forgiveness Intervention on Recovery from Substance Use Disorders.

VITA, **Eric Martin Sauer**, 17

12. Stran, B. (2022). Attachment and Older Adults in Psychotherapy: A Latent Profile Analysis of Psychological Distress across Treatment.
11. Houben, C. (2022). Examining the Relationship between Therapists' Characteristics and the Process and Outcome of Psychotherapy.
10. Roberts, K. E. (2022). The Effects of Therapist Attachment on the Process and Outcome of Psychotherapy.
9. Sheets, R. (2017). Race and Sexual Orientation Issues in Graduate Classrooms: How Faculty in Psychology Experience Them Emerging Alongside One Another.
8. Larson, A. (2017). How Friendships between Heterosexual and Sexual Minority Counseling Psychology Doctoral Students Affect Anti-Heterosexual Identity Development.
7. Thum, L. (2016). Assessing change in attachment security of adolescents at residential therapeutic programs.
6. Wierda, K. (2016). Exploring interpersonal variables within the supervisory relationship: The role of supervisory alliance, supervisory style, and supervisee attachment.
5. Garrison, A. (2014). Testing a model of maladaptive perfectionism and depression symptoms: The roles of emotional disclosure, emotion regulation strategies, adult attachment, and shame.
4. Meyer, G. (2012). Predictors of counselor self-efficacy among master's level counselor trainees: Impact of cohort versus non-cohort educational programs.
3. Klott, R. (2012). What psychotherapists have to teach us about childhood developmental trauma: The roles of attachment orientation and coping strategy.
2. Shafran, M. (2011). Soviet Holocaust survivors: An ethnographic study.
1. Huber, D. (2009). The scholarly activity predictor model among counseling psychology students: A modification and extension.

RELATED PROFESSIONAL EXPERIENCE

2012-Present	Licensed Psychologist , E.M. Sauer Psychological Services, Grand Rapids, MI
2014-2022	Licensed Psychologist, Vice President , River City Psychological Services, Grand Rapids, MI
2006-2012	Licensed Psychologist , Jenison Psychological Services, Jenison, MI
1993-1997	Limited Licensed Psychologist , Meridian Professional Psychological Consultants, East Lansing, MI

VITA, **Eric Martin Sauer**, 18

- 1994-1997 **Graduate Instructor**, Department of Counseling, Educational Psychology and Special Education, Michigan State University, East Lansing, MI
- 1994 **Part-Time Faculty**, Lansing Community College, Lansing, MI
- 1991-1993 **Behavioral Psychologist/Psychotherapist**, Eastern Upper Peninsula Mental Health Board, Sault Ste. Marie, MI
- 1990-1991 **Graduate Instructor**, Department of Speech Communications, Ball State University, Muncie, IN
- 1988-1990 **Night Care Worker, Mental Health Worker, Therapist**, Day Treatment Program Ingham County CMH, Lansing, MI